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Article

Fast-forming hydrogel with ultralow polymeric content as an artificial vitreous body

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12	Kaori Hayashi ¹ , Fumiki Okamoto (co-first author)* ² , Sujin Hoshi ² , Takuya Katashima ³ , Denise
13	Zujur ¹ , Xiang Li ⁴ , Mitsuhiro Shibayama ⁴ , Elliot P. Gilbert ⁵ , Ung-il Chung ¹ , Shinsuke Ohba ¹ ,
14	Tetsuro Oshika ² , Takamasa Sakai ^{*1,0}
15 16	
17	1. Department of Bioengineering, Graduate School of Engineering, The University of Tokyo,
18	7-3-1 Hongo, Bunkyo-ku, Tokyo 113-8656, Japan
19	2. Department of Ophthalmology, Faculty of Medicine, University of Tsukuba, 1-1-1 Tennoudai,
20	Tsukuba, Ibaraki, 305-8575 Japan
21	3. Department of Macromolecular Science, Graduate School of Science Osaka University
22	1-1 Machikaneyama-cho, Toyonaka, Osaka, 560-0043, Japan
23	4. Institute for Solid State Physics, The University of Tokyo, 5-1-5 Kashiwanoha, Kashiwa,
24	Chiba, 277-8583, Japan
25	5. Australian Centre for Neutron Scattering, Australian Nuclear Science and Technology
26	Organisation, Locked Bag 2001, Kirrawee DC, NSW 2232, Australia
27	6. PREST, JST
28	
29	* To whom correspondence should be addressed.
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31 Summary Paragraph

32 Degradation-induced swelling in implanted hydrogels can cause severe adverse reactions to 33 surrounding tissues. Here, we report a new class of hydrogel with extremely low swelling 34 pressure, and demonstrate its use as an artificial vitreous body. The hydrogel has ultralow 35 polymer content (4.0 g/L), low cytotoxicity, and forms in situ in 10 minutes via the crosslinking 36 of clusters of highly branched polymers of tetra-armed poly(ethylene glycol) pre-polymers. 37 After injection and gelation in the eyes of rabbits, the hydrogel functioned as an artificial 38 vitreous body for over a year without adverse effects, and proved effective for the treatment of 39 retinal detachment. The properties of the cluster hydrogel make it a promising candidate as an 40 infill biomaterial for a range of biomedical applications.

41 Main text

42 Biomedical Application of Injectable hydrogels

43 If a material can be introduced without a surgical procedure, treats the disease, and does not 44 harm surrounding tissues throughout its full lifecycle in vivo, this represents a significant Such minimally invasive installation can be achieved using 45 advance as a biomaterial. hydrogels by simply injecting a polymer solution into a target space, followed by crosslinking 46 ¹⁻⁴. The solution eventually becomes a hydrogel (Figure 1, top) and fills the space inside the 47 48 body. However, with regard to the final destination, conventional hydrogels have undesirable 49 properties (i.e. swelling) that compromise their morphological and mechanical compatibility in 50 Immediately after installation, such in situ-forming hydrogels have a higher osmotic vivo. pressure (Π_{os}) than the physiological aqueous environment. Due to the difference in osmotic 51 52 pressure, the hydrogel absorbs water from the surrounding environment, resulting in swelling. 53 The swelling induces an elastic pressure within the hydrogel (Π_{el}) that acts to oppose swelling. Since Π_{os} is much larger than Π_{el} in a good solvent, most hydrogels swell in aqueous conditions 54 55 with a swelling pressure of Π_{sw} .

56
$$\Pi_{\rm sw} = \Pi_{\rm os} - \Pi_{\rm el} \qquad (1)$$

57 These pressures get balanced after a certain magnitude of swelling, achieving an equilibrium

swollen state ($\Pi_{sw} = 0$)⁵. It is noteworthy that this equilibrium is transient since hydrogel 58 degradation decreases Π_{el} and shifts the equilibrium to a more swollen condition, leading to 59 extra swelling.^{6,7} Because conventional hydrogels degrade on a long-term basis in *vivo*, extra 60 61 swelling may be delayed, but cannot be prevented, even in the case of "non-swellable" Extra swelling has caused serious adverse reactions in ophthalmological 62 hydrogels⁸. applications. For example, Mira Gel[®] was commercialized in the 1980s as an eye buckle for 63 the treatment of detached retinas ^{9, 10}; more than 7 years after installation, the degraded Mira 64 Gel began to swell in the eye socket and eventually compressed the eyeball, resulting in 65 blindness in some cases ^{11,12}. Based on the equation (1), the maximum Π_{sw} that can be exerted 66 by the hydrogel is Π_{os} . To completely eliminate the problems caused by swelling, it is 67 important to reduce Π_{os} of hydrogels. 68



70 Figure 1. (a) Schematic illustration of gelation processes of conventional TetraPEG 71 hydrogel and Oligo-TetraPEG hydrogel. In the conventional TetraPEG hydrogel system, 72 mutually reactive TetraPEGs are simply mixed and reacted with each other to form the 73 hydrogel. In the case of the Oligo-TetraPEG hydrogel system, first mutually reactive 74 TetraPEGs were mixed in TetraPEG-SH excess and TetraPEG-MA excess conditions to 75 form highly branched polymeric clusters instead of hydrogels (Oligo-TetraPEGs). In the 76 second vivo process, mutually reactive Oligo-TetraPEGs were mixed to form Oligo-77 TetraPEG hydrogel. (b) (c) and (d) show the storage modulus, G', (circles) and loss 78 modulus, G'', (triangles) as a function of frequency, ω , below, at and above the gelation 79 threshold, respectively. In the region below the gelation threshold (b, $c_0 = 60$ g/L, r = 0.15), 80 the system is in the sol state and G' < G''. At the gelation threshold (c, $c_0 = 60$ g/L, $r = r_c =$ 0.16), the system transforms from a sol to a gel and shows a unique power law behaviour, 81 $G' \approx G'' \approx \omega^{\beta}$. Above the gelation threshold (d, $c_0 = 60$ g/L, r = 0.17), the system is in the 82 83 gel state and G' > G'' in a wide range of ω . All the experiments were performed in triplicate 84 and the data were averaged for each ω . The lengths of error bars (S.D.) are smaller than 85 the size of symbols.

88	One of the simplest methodologies for reducing Π_{os} is to decrease the polymer
89	concentration ^{13,14} ; however, the inherent, critical problem of this approach is the challenge of
90	gel formation. Even in an ideal model gel system (Tetra-PEG (TP) gel) ^{15,16} , the lowest
91	gelation polymer concentration is 6.0 g/L with 7 hours being required for gelation (Figure 2a),
92	the latter far exceeding the time scale of surgery. To prepare an <i>in situ</i> -forming hydrogel with
93	a lower polymeric content, and, in addition, that can efficiently form a three-dimensional (3D)
94	polymer network within a reasonable time frame, the design and fabrication of a brand new
95	class of polymeric modules is essential. Here, we describe an <i>in situ</i> -forming hydrogel system
96	that can be formed using an extremely low polymer content (~ 4.0 g/L) within 10 minutes. We
97	demonstrate the application of the hydrogel as an artificial vitreous body for treating retinal
98	detachment.
99	
100	Design of Fast-forming Hydrogels with Low-Polymer Content
101	At the beginning of conventional crosslinking reaction of polymers (Figure 1a, top), the system

- 102 is still a solution, where the loss modulus (G'') is larger than the storage modulus (G') in the
- 103 whole frequency region (Figure 1b). Here, G'' and G' are indicators of the liquid-like and

104	solid-like nature of the material, respectively. During the gelation, the polymer chains are
105	connected to each other to form a highly branched polymeric structure (polymeric clusters).
106	The polymeric clusters further grow and eventually form a 3D polymer network percolating
107	through space at the gelation point. At the gelation point, the system transforms from a sol to
108	a gel, and shows a unique power law behaviour, i.e., $G' \approx G'' \sim \omega^{\beta}$ (Figure 1c and
109	Supplementary Figure 1) ^{17,18} . Above the gelation point, the system becomes a gel, which
110	has no fluidity, and G' becomes larger than G'' over a wide range of ω (Figure 1d). In our
111	novel system, we separate the challenge of gelation at low polymer content into two processes
112	(Figure 1a, bottom). In the first process, the reaction is intentionally stopped immediately
113	prior to the gelation point (Figure 2a), at which stage polymeric clusters nearly percolate
114	through the system. The resulting Oligo-TetraPEG exhibits a unimodal size distribution of up
115	to 90 nm (Supplementary Figure 2), which is much larger than those of conventional hyper-
116	branch polymers ^{19,20} , suggesting that the Oligo-TetraPEG has a highly branched structure. In
117	the second process, the Oligo-TetraPEGs are co-crosslinked as individual modules to
118	expeditiously form a hydrogel (Oligo-TetraPEG (Oligo-TP) hydrogels).





121 Figure 2. (a) Fabrication process for Oligo-TetraPEG hydrogel through the two step 122 process. In the first process, TetraPEG-SH and TetraPEG-MA were mixed in non-123 stoichiometric conditions to form SH-excess and MA-excess Oligo-TetraPEGs. In the 124 second process, these Oligo-TetraPEG solutions were equally diluted and mixed in equal amount to form Oligo-TetraPEG hydrogels. (b) Sol-gel phase diagram: the relationship 125 126 between initial polymer concentration (c_0) and mixing ratio of TetraPEG-SH to total 127 polymer concentration (r = [TetraPEG-SH]/([TetraPEG-SH] + [TetraPEG-MA])) at sol-128 gel transition points. The conditions inside the dotted line produced gels, while the 129 conditions outside did not. All the experiments were performed in triplicate and averaged. 130 The lengths of error bars (S.D.) are smaller than the size of symbols.

132 Fabrication and Characterization of Oligo-TetraPEG hydrogels

To systematically form Oligo-TetraPEGs, we utilized mutually reactive tetra-armed prepolymers including tetra-armed polyethyleneglycol (PEG) with thiol termini (TetraPEG-SH) and maleimide termini (TetraPEG-MA) (**Figure 2a**)²¹. First, we investigated the critical ratio forming hydrogels (r_c) by tuning the molar ratio of these prepolymers (r = [TetraPEG-SH]/ ([TetraPEG-SH] + [TetraPEG-MA])) for each initial polymer concentration (c_0). As shown in **Figure 2b**, the stoichiometric conditions ($r_c = 0.5$) produced hydrogels in the region $c_0 > 6.0$

139 g/L, and the *r* region that produced hydrogels decreased with a decrease in c_0 . The Oligo-140 TetraPEGs are, thus, formed in the sol region close to the sol-gel transition line. In the case of 141 60 g/L, MA-excess and SH-excess Oligo-TetraPEGs were formed at r = 0.13 and 0.87, 142 respectively ($r_c = 0.16$ and 0.83). Based on UV spectroscopy, nearly all minor species reacted 143 with excess species (**Supplementary Figure 3**), indicating that only the excess functional 144 group exists on each Oligo-TetraPEGs.



Figure 3. (a) Gelation time (t_{gel}) of Oligo-TP hydrogels (circles) and TP hydrogels (triangles) as a function of the polymer concentration (c). (b) Osmotic pressure (Π_{os}) of Oligo-TP hydrogels as a function of c. (c) SANS measurements from an Oligo-TP solution and an Oligo-TP hydrogel. (d) Equilibrium storage modulus (G') of Oligo-TP hydrogels (circles) and TP hydrogels (triangles) as a function of c. All the experiments except for

SANS measurements were performed in triplicate and averaged. The lengths of error bars
(S.D.) are smaller than the size of symbols. The error bars on the SANS profiles show S.D
following complete data processing.

154 In the second process, we co-crosslinked the mutually reactive Oligo-TetraPEGs 155 (MA-excess and SH-excess Oligo-TetraPEGs) to form Oligo-TetraPEG hydrogels (Figure 2a). 156 Each Oligo-TetraPEG solution was diluted to the same specific concentration (c) and mixed with each other in equal amount. Figure 3a shows the gelation time (t_{gel}) as a function of c. 157 158 For direct comparison, the results from the conventional one-step method in which hydrogels 159 were directly prepared using the first process with r = 0.5, i.e. TetraPEG hydrogels, are also 160 presented. In the case of Oligo-TetraPEG hydrogels, t_{gel} decreased significantly and to nearly within the desired range, i.e. less than 10 minutes. In addition to the shortened t_{gel} , the lowest 161 162 concentration for gelation and consequently hydrogel formation decreased to c = 4.0 g/L; this is lower than that of the hydrogel with the lowest network concentration 22 . It should be noted 163 164 that it is difficult to accelerate gelation reactions properly by tuning the reactivity of functional 165 groups; too great a level of active species may result in sudden and heterogeneous gelation, 166 because gelation occurs prior to the homogeneous mixing of prepolymers. In our 167 methodology, we can continuously and easily control the 'distance' to the gel point by tuning r168 in the first process forming Oligo-TetraPEGs, resulting in the appropriate approach to gelation. Π_{os} of Oligo-TetraPEG hydrogels was a positive finite value and lower than typical eye pressure 169

170 (~1 kPa) in the region c < 10 g/L (Figure 3b). Based on small-angle neutron scattering 171 (SANS) measurements, the Oligo-TetraPEG hydrogel has a similar structure to the Oligo-172 TetraPEG in the high-q region (0.03 Å⁻¹ < q) together with a highly heterogeneous structure with a wide and smooth size distribution in the low-q region ($q < 0.03 \text{ Å}^{-1}$) (Figure 3c), where 173 174 q is the magnitude of the scattering vector (a measure of a reciprocal length scale). The typical size of the heterogeneity is smaller than the wavelength of visible light, because the Oligo-175 176 TetraPEG hydrogel was transparent. The plateau moduli (G') of Oligo-TetraPEG hydrogels 177 were always higher than those of the conventional hydrogels with the same c (Figure 3d), 178 strongly suggest the efficient network formation. The obtained G' values cover the range of those of soft tissues, such as the vocal cord $(10^2 - 10^3 \text{ Pa})$, vitreous body $(10^0 - 10^1 \text{ Pa})$ and 179 crystalline lens $(10^2 - 10^3 \text{ Pa})$ (Supplementary Movie 1). 180

181

182 Biocompatibility of Oligo-TetraPEG hydrogels

183 We next evaluated biocompatibility of Oligo-TetraPEG hydrogel (c = 7.0 g/L, $G \approx 4$ Pa) in vivo 184 by subcutaneous injection into mice. After 4 weeks, Oligo-TetraPEG hydrogels still remained 185 in the injected site without damage to adjacent tissues (**Figure 4a**). Histological analysis 186 displayed mild infiltration of inflammatory cells in all tested materials. However, expression

187	of CD62L, a marker for inflammatory cells, and encapsulation of the material was detected
188	only in the hydrogel formed from Oligo-TetraPEG crosslinked by small molecules (Figure 4a).
189	Due to the similarity between gelation and reverse gelation (disintegration), Oligo-TetraPEGs
190	are not only the raw materials but also the metabolites of Oligo-TetraPEG hydrogels. We thus
191	examined the toxicity of the Oligo-TetraPEGs, and confirmed low toxicities of these specimens
192	<i>in vitro</i> (Figure 4b) and <i>in vivo</i> (Figure 4c and Supplementary Figure 4). The low toxicity
193	of Oligo-TetraPEGs may stem from the low permeability of extremely large Oligo-TetraPEGs
194	through the pores of surrounding tissues. These results strongly suggest the biosafety of the
195	full lifecycle of Oligo-TetraPEG hydrogels from formation to disintegration.



198

199 Figure 4. (a) Gel specimens and surrounding tissues, representative images of H&E 200 staining and immunostaining for CD62L (GFP) in histological sections of mice at 4 weeks 201 after subcutaneous injection of materials. Asterisks, arrows and rectangles denote 202 materials, epidermis and the location of views of immunostaining, respectively. Nuclei 203 were stained with DAPI. Non-specific GFP signal was detected in muscles (red dotted 204 lines). Scale bars in H&E staining and immunostaining indicate 5 mm and 100 µm, 205 respectively. (b) Cell proliferation of NIH3T3 cells cultured with or without Oligo-206 TetraPEGs. The data (relative cell number) are expressed as the mean ± SDs from four 207 independent experiments. No statistical difference was found between MA-excess Oligo-208 TP and control, SH-excess Oligo-TP and control, and MA excess and SH excess Oligo-TPs 209 in Student t-test analysis. (c) Representative H&E staining images of histological sections 210 in mice subcutaneously injected with MA-excess and SH-excess Oligo-TPs or PBS. 211 Sections at 3 days and 2 weeks after the injection are shown. Scale bars, 200 μ m.

213 Applicability to Artificial Vitreous Body

214 The low cytotoxicity and extremely low swelling pressure of Oligo-TetraPEG hydrogels led us 215 to examine the possibility of its application as an artificial vitreous body. Although a variety 216 of artificial vitreous bodies have been developed, most of them induce an ocular inflammatory 217 reaction in animal studies, preventing clinical application in humans²³⁻²⁷. The 218 biocompatibility and effectiveness of Oligo-TetraPEG hydrogels (c = 7.0 g/L, $G \approx 4$ Pa) were evaluated using the normal Dutch pigmented rabbit model (Supplementary Movie 2)²⁸. The 219 220 Oligo-TetraPEG pre-gel solution was compatible with the modality of current small-gauge 221 incision vitreous surgeries and subsequently formed a hydrogel within the vitreous cavity. No 222 significant difference in intraocular pressure was observed between Oligo-TetraPEG hydrogel-223 injected and balanced salt solution-injected (control) groups throughout the observation period, 224 up to 410 days (Figure 5a). Based on slit lamp examinations (Figure 5b), images of eyes 225 after dissection (Figure 5c), and H&E staining in histological section (Figure 5g), neither 226 significant inflammation nor toxic reaction was observed. Remaining Oligo-TetraPEG 227 hydrogel in the vitreous cavity was detected by slit lamp biomicroscopy with a 90-D fundus 228 lens; however it was not detected with histological analysis probably because of technical

229	limitations during histological sectioning. Electroretinography to assess retinal function
230	showed no significant difference in positive waveforms, implicit times and amplitudes between
231	Oligo-TetraPEG hydrogel-injected and control groups. (Figure 5d, e, f). Fundus photography
232	revealed that Oligo-TetraPEG hydrogel remained transparent throughout the follow-up period
233	inside the vitreous cavity of the living rabbit eyes (Figure 6). Spectral-domain optical
234	coherence tomography revealed neither retinal detachment nor oedema, and the retinal
235	microstructure was not morphologically damaged in either group. By contrast, lens opacity
236	(Figure 5b), vitreous opacity (Figure 5c) and negative waveforms of electroretinography
237	(Figure 5d) due to severe inflammation were observed in the high polymer concentration group
238	($c = 60$ g/L, $G \approx 9.5$ kPa), similar to the previous artificial vitreous materials. The turbidity in
239	the eyes prevented images of the retina from being obtained through the vitreous. Intraocular
240	pressure could not be measured correctly because of postoperative inflammatory corneal
241	melting in this group as well. In addition, we developed an animal model of retinal
242	detachment and injected Oligo-TetraPEG hydrogel into the vitreous cavity as a vitreous
243	tamponade material to evaluate if pathological conditions could be treated with the gel. As a
244	result, retinal re-detachment was inhibited for 410 days without any complications (Figure 6).



245

246 Figure 5. (a) Changes in the intraocular pressure in the Oligo-TP hydrogel-injected and 247 balanced salt solution-injected (control) groups. No significant difference in intraocular pressure was observed between Oligo-TP hydrogel-injected and control groups 248 249 throughout the observation period, up to 410 days in Student t-test analysis. The data are 250 expressed as the mean ± SDs. (b) Anterior segments of rabbit eves in the Oligo-TP 251 hydrogel-injected, control and TP hydrogel-injected groups on postoperative day 7. (c) 252 Images of eyes after dissection 90 days postoperatively in the Oligo-TP hydrogel-injected, 253 control and TP hydrogel-injected groups. (d) Electroretinography waveform of rabbit 254 eves in the Oligo-TP hydrogel-injected, control and TP hydrogel-injected groups on 255 postoperative day 90. Bars: 100 µV and 25 ms. (e) Electroretinography data of a-wave 256 and b-wave implicit time in the Oligo-TP hydrogel-injected and control groups on 257 postoperative day 90. The data are expressed as the mean ± SDs. (f) Electroretinography

258data of a-wave and b-wave amplitudes in the Oligo-TP hydrogel-injected and control259groups on postoperative day 90. The data are expressed as the mean ± SDs. No significant260difference in implicit times and amplitudes was observed between Oligo-TP hydrogel-261injected and control groups. (g) Representative images of H&E staining in histological262section of rabbit eyes at 410 days postoperatively. Scale bars indicate 200 µm. No apparent263inflammation or alteration of retinal microstructure was observed in both Oligo-TP264hydrogel-injected and control group.

265



266

Figure 6. Fundus photography of rabbit eyes in the Oligo-TP hydrogel-injected, retinal detachment with the Oligo-TP hydrogel-injected and control groups. Arrowhead = intentional retinal break.

270

271 Discussion

272 The Oligo-TetraPEG hydrogel was non-invasively installed within a clinically relevant

- 273 manipulation time and provided low potential swelling pressure throughout the full life cycle
- 274 *in vivo*. We have further provided a proof of concept for the application of the gel as an

artificial vitreous body. Given that their elastic moduli cover the range of those of soft tissues,

276	Oligo-TetraPEG hydrogels will maximize their ability when used as a space-filling implant in
277	unloaded soft tissues, e.g., craniofacial soft tissues; they can be potentially applied to the filling
278	of postsurgical cavities accompanied with re-section of soft tissues that are damaged by trauma,
279	tumor, inflammation, degeneration, and so on, as well as tissue augmentation for cosmetic
280	purposes and the prevention of postoperative adhesions. When complemented by additional
281	functions, such as drug carriers and/or disease modifiers as well as space fillers, these gels could
282	treat a broader range of trauma and degenerative diseases. The repair of sensory and
283	locomotive organs could exploit full life cycle safety because joints, eyes, and ears form
284	confined spaces that house their components and function. Since trauma and degenerative
285	diseases of these organs threaten the quality of life (QOL) of elderly patients, this Oligo-
286	TetraPEG hydrogel may help resolve the gap between life expectancy and healthy life
287	expectancy confronting our progressively ageing society.

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297

298 Methods

299 1. Sol-gel transition diagram

TetraPEG-SH and tetraPEG-MA were purchased from NOF Co. (Tokyo, Japan). The molecular weights of Tetra-PEG-SH and Tetra PEG-MA were 10 kg/mol. TetraPEG-SH and tetraPEG-MA were dissolved in citric-phosphate acid buffer (CPB) (pH5.0, salt concentration: 5.0 mM); $c_0 = 60 \text{ g/L}$, r = 0.13, 0.14, 0.15, 0.16, 0.17, 0.81, 0.82, 0.83, 0.84 and 0.85; $c_0 = 30$ g/L, r = 0.18, 0.19, 0.20, 0.21, 0.22, 0.76, 0.77, 0.78, 0.79 and 0.80; $c_0 = 20 \text{ g/L}$, r = 0.23, 0.24, 0.25, 0.26, 0.27, 0.71, 0.72, 0.73, 0.74 and 0.75; $c_0 = 15 \text{ g/L}$, r = 0.27, 0.28, 0.29, 0.30, 0.31, 0.67, 0.68, 0.69, 0.70 and 0.71; $c_0 = 12 \text{ g/L}$, r = 0.31, 0.32, 0.33, 0.34, 0.35, 0.63, 0.64, 0.65, 307 0.66 and 0.67; $c_0 = 10 \text{ g/L}$, r = 0.35, 0.36, 0.37, 0.38, 0.39, 0.59, 0.60, 0.61, 0.62 and 0.63. The 308 same amount of the resultant solutions were mixed while tuning the total polymer 309 concentrations (c_0) and the off-stoichiometry ratios of tetra-PEG-SH (r). The resulting solutions were poured into the gap within the double cylinder of a rheometer. The oscillatory 310 311 shear rheological properties (the storage elastic modulus (G') and the loss elastic modulus (G'')) 312 during gelation were measured at 25° C with double cylinder geometry (MCR301; Anton Paar, 313 Switzerland). The applied strain and the frequency were 1.0% and 1.0 Hz, respectively. After 314 12 hours, the frequency-dependence of G' and G" were measured at a constant strain (1.0%)and frequency of 0.1 - 100 rad/sec. The critical molar ratios were determined as per the criteria 315 316 of Winter and Chambon^{17,18}.

317

318 2. Fabrication of Oligo-TetraPEG hydrogel

319 An appropriate quantity of TetraPEG-SH and TetraPEG-MA were separately dissolved in citric-320 phosphate acid buffer (CPB) (pH5.0, salt concentration: 5.0 mM). Equal amounts of 321 TetraPEG-SH (7.4 g/L) and TetraPEG-MA (12.6 g/L) solutions were subsequently mixed. In 322 another vial, an equal amount of TetraPEG-SH (12.6 g/L) and TetraPEG-MA (7.4 g/L) solutions 323 were mixed. The two solutions were left to stand at least for 12 h. The two resultant 324 solutions were diluted by using CPB into c = 4.0, 5.0, 6.0, 7.0, 8.0 and 9.0 g/L. Equal amounts 325 of equally diluted solutions were mixed; each resulting solution was left to stand at least for 12 326 h.

327

328 **3. Fabrication of conventional Tetra-PEG gel**

329 TetraPEG-SH (4.0, 5.0, 6.0, 7.0, 8.0 and 9.0 g/L) and TetraPEG-MA (4.0, 5.0, 6.0, 7.0, 8.0 and

9.0 g/L) were dissolved in citric-phosphate acid buffer (CPB) (pH5.0, salt concentration: 5.0
mM). Two TetraPEG-SH and TetraPEG-MA solutions with the same concentration were mixed
in equal amounts. The resulting solutions were left to stand at least for 12 h.

333

334 **4.** Dynamic Light scattering

335 DLS measurements were performed on an ALV/CGS-3 goniometer system (ALV, Germany).
336 A He-Ne laser with a power of 22 mW emitting polarized light at 632.8 nm was used.
337 Correlation functions at scattering angle 90° were taken at 25°C. Each resultant solution was
338 diluted to 1.0 g/L. The measurement time was 30 sec with 100 measurements for each sample.

339

340 **5.** UV spectra measurement

341 The reaction conversions of the minor species to excess species were estimated by ultraviolet 342 and visible absorption spectroscopy (V-670; JASCO, Japan). TetraPEG-MA has a specific 343 absorption peak arising from the maleimide group around 300 nm. This peak decreases with 344 the reaction of tetraPEG-MA and tetraPEG-SH. Resultant solutions were poured into the cell 345 (wavelength range: 285-750 nm, optical path length: 5 mm), and the absorbance was measured 346 at a wavelength of 310nm. Here, the concentration of tetraPEG-MA was adjusted so that the 347 absorbance at 310 nm was less than 1.0. Reaction conversion of the minor species to excess 348 species in the solution were calculated by using absorbance at wavelength 310 nm and initial 349 absorbance of tetra-PEG-MA, which was obtained by the calibration curve of tetraPEG-MA at 350 wavelength 310 nm.

351

6. Swelling pressure measurement

353 Oligo-TetraPEG hydrogels were formed in dialysis membrane with molecular weight cut-off 354 of 1.0k Da. The total weights of specimens and membranes were measured. The hydrogels packed in membranes were immersed into the aqueous solutions of polyvinylpyrrolidone (PVP) 355 356 with molecular weight of 20k Da. The concentration of PVP solution was tuned from 10 to 120 357 g/L. After 2 days immersion at 25 °C, the weights of specimens were measured. Based on the 358 difference in weight before and after the immersion, the concentrations of PVP that can suppress 359 the swelling of hydrogel specimens (C_{PVP}) were measured. The swelling pressures of hydrogels (Π_{sw}) were calculated by the following equation.^{29,30} 360

$$\Pi_{\rm sw} = 0.878C_{\rm PVP} + 17.25C_{\rm PVP}^{2} + 144.1C_{\rm PVP}^{3}$$

362

363 **7. Small-angle neutron scattering**

SANS experiments were performed on the QUOKKA instrument at the OPAL reactor at 364 365 Australian Nuclear Science and Technology Organization (ANSTO), Sydney, Australia. Three configurations were used to yield a q range from 0.003 to 0.5 $Å^{-1}$, namely source-to-sample 366 367 distances of 20m, 8m and 10m, and sample-to-detector distances of 20 m, 8 m and 1.3 m with 368 300 mm detector offset respectively. The wavelength of neutron beam was 5.0 Å with 10% 369 wavelength resolution, with source and sample aperture diameters of 50 mm and 12.5 mm, 370 respectively. All measurements were carried out at 25°C. The Oligo-TetraPEG and Oligo-371 TetraPEG gel were prepared in D₂O buffer following the procedure of "2. Fabrication of Oligo-372 TetraPEG hydrogel".

373

374 8. Histological evaluation and immunostaining

375 For the biocompatibility study, some gel specimens*, Oligo-TetraPEGs or citric-phosphate acid

376 buffer (CPB) (pH5.0, salt concentration: 5.0 mM) with NaCl (salt concentration: 149 mM) (200 377 μ l) were subcutaneously injected into the back of 5-week-old Crl:CD1 (ICR) male mice using 378 a 26G needle. Given the Reduction in the 3Rs of animal welfare, we considered the sample size 379 of three was appropriate to confirm the reproducibility of the histological findings in the pilot 380 experiments with no quantitative analysis. Mice were randomly assigned to each group, and we 381 were not blinded to the group allocation and the assessment of results. At 3 days, 2 weeks or 4 382 weeks following the injection, mice were sacrificed and the hydrogels and surrounding tissue 383 were harvested. Collected samples were fixed in 4% paraformaldehyde and embedded in 384 paraffin or OCT compound. Hematoxylin and eosin (H & E) staining was performed on de-385 paraffinized sections (5-7 μ m). For immunostaining, cryosections (10 μ m) were blocked with 386 PBS containing 0.1% Triton X-100, 3% BSA (Sigma, A7906) and 1% heat inactivated sheep serum (Sigma, S2263) for an hour at room temperature. Sections were then incubated overnight 387 388 at 4°C with anti-CD62L antibody (Abcam, ab119834; 1:200) and detection was achieved by 389 subsequent incubation with Alexa Fluor® 488 (Abcam, ab172332; 1:500) for an hour at room 390 temperature. Cell nuclei were stained with VECTASHIELD Mounting Medium containing 391 DAPI (Vector Laboratories, H-1200). All experiments were performed in accord with the 392 protocol approved by the Animal Care and Use Committee of The University of Tokyo 393 (#KA14-3).

394 *Oligo-TetraPEG crosslinked hydrogels:

395 Dithiol cross-linker (DL-(Dithiothreitol) (DTT)) was purchased from Sigma-Aldrich Japan 396 (Tokyo, Japan). Oligo-TetraPEGs were fabricated with $c_0 = 60$ g/L and $r_c = 0.13$ in CPB 397 (pH5.8, salt concentration: 5.0 mM) with NaCl (salt concentration: 149 mM). DTT was used as 398 a cross-linker for Oligo-TetraPEGs. DTT was dissolved in CPB with NaCl with the equivalent ratios to the number of unreacted functional groups in the Oligo-TetraPEG and mixed with Oligo-TetraPEG solution, resulting in a solution with c = 13.5 g/L.

401 *Oligo-TetraPEG hydrogel:

402 Oligo-TetraPEGs were fabricated with $c_0 = 60$ g/L and $r_c = 0.13$, 0.87 in CPB (pH5.8, salt

403 concentration: 5.0 mM) with NaCl (salt concentration: 149 mM). These Oligo-TetraPEG

404 solutions were diluted to c = 7.0 g/L by using CPB with NaCl and mixed in equal amount.

405 ***Tetra-PEG gel:**

406 TetraPEG-SH and tetraPEG-MA were dissolved in CPB (pH5.8, salt concentration: 5.0 mM)

- 407 with NaCl (salt concentration: 149 mM) respectively. These two solutions were mixed to
- 408 produce a resultant solution with c = 15 g/L.

409 *Atelocollagen gel:

Atelocollagen gel (0.4 wt%) was produced from a commercially available bovine dermis
atelocollagen (Koken, KOU-IPC-50) following the manufacturer's instructions. Briefly, the gel
was obtained by mixing the acidic atelocollagen solution (5 mg/ml) with PBS, NaHCO₃,
HEPES (pH 7.4) and distilled water in an ice water bath.

414

415 **9. Cell proliferation assay**

NIH3T3 cells were obtained from RIKEN Cell Bank and cultured in the following media: basal
medium (BM) as a control (DMEM + 10% FBS + 1% pen-strep), BM + MA-excess OligoTetraPEG, and BM + SH-excess Oligo-TetraPEG. NIH3T3 cells were periodically
authenticated by morphological inspection. We had confirmed no mycoplasma contamination
in the cell by a PCR-based mycoplasma detection assay (Venor GeM; Mineva Biolabs, Berlin,
Germany). The final concentration of the Oligo-TetraPEG in each medium was 20 mg/L. 5000

422 cells per well (100 μ L) were inoculated in 96-well plates and pre-cultured in BM at 37 °C with 423 5% CO₂ for 24 hours. The medium was then replaced with the experimental ones and changed 424 daily. Cell numbers from 4 independent wells per condition were counted on days 1, 2, 4 and 6 425 using CountessTM Automated Cell Counter (Invitrogen, C10227).

426

427 **10. Animal model for vitreous body**

428 Fourteen normal male Dutch pigmented rabbits, each weighing 2.0 to 3.0 kg, aged 2 to 3 months, 429 were used. The study conformed to the ARVO Statement for the Use of Animals in Ophthalmic 430 and Vision Research, and was reviewed and approved by the Animal Care and Use Committee 431 of University of Tsukuba (#12-109). All procedures were carried out in left eyes with sterile 432 techniques under a surgical microscope (Carl Zeiss Meditec, Inc., Oberkochen, Germany). The 433 animals were anesthetized with intramuscular injection of ketamine hydrochloride (35 mg/kg) 434 and xylazine (5 mg/kg). Topical anesthesia (0.4% oxybuprocaine hydrochloride drops) was 435 applied to the eyes. Pupils were dilated with topical 0.5% phenylephrine hydrochloride, 0.5%436 tropicamide, and 1% atropine. A standard three-port, 25-gauge trocar-cannula vitrectomy 437 system was used (Alcon Laboratories, Fort Worth, TX). An infusion cannula that delivered a balanced salt solution (BSS; Alcon Japan) was then inserted into the trocar cannula in the 2 438 439 o'clock position 1mm posterior to the limbus. The remaining two ports required for the insertion 440 of a vitreous cutter and a light pipe in the 11 and 1 o'clock position, respectively, were created 441 using the same method. The vitreous was detached from the retina by aspirating the cortical 442 vitreous visualized with triamcinolone acetonide (Kenacort-A; Bristol-MyersSquibb, Tokyo, 443 Japan). After removal of the vitreous with a vitrectomy cutter, air-fluid exchange was performed 444 in the vitreous cavity. Following air-fluid exchange, 6 eyes of the rabbits were injected Oligo445 TetraPEG hydrogel* into the vitreous cavity, and 4 eyes of the rabbits were injected the 446 conventional hydrogel*. A balanced salt solution was injected into the vitreous cavity of the 447 remaining 4 rabbits as controls. Animals were randomized into the groups using envelopes. 448 Sample sizes were based on pilot experiments. All scleral ports were closed with 8-0 Vicryl[®] 449 after the injection of endotamponade.

450

451 **11. Animal model for retinal detachment**

452 Experimental retinal detachment with a break was made during a 25-gauge vitrectomy in 5 453 normal Dutch pigmented rabbit eyes. After removing the vitreous body, an extrusion needle 454 was used to make a retinal break that was approximately 1/2-1 of the optic disc diameter (DD) 455 in size. The break was made 2 DD inferior to the optic disc. An infusion stream of balanced salt 456 solution was directed under the retinal break, which resulted in a localized retinal detachment 457 of approximately 3-4 DD in size. To achieve retinal reattachment temporarily, air-fluid 458 exchange through the retinal break was performed. After air-fluid exchange, Oligo-TetraPEG 459 hydrogel* was injected into the vitreous cavity of 3 rabbits. A balanced salt solution was 460 injected into the vitreous cavity of the remaining 2 rabbits as controls. Animals were 461 randomized into the groups using envelopes. Sample sizes were based on pilot experiments. All scleral ports were closed with 8-0 Vicryl[®] after the injection of endotamponade. 462

463 * Oligo-TetraPEG hydrogel:

The Oligo-TetraPEG were fabricated with $c_0 = 10$ g/L and r = 0.32, 0.68 in CPB (pH5.8, 5.0 mM) with NaCl (149 mM). These two Oligo-TetraPEG solutions were diluted to c = 7.0 g/L by using CPB with NaCl and mixed in equal amount. The resultant solutions were mixed using the double syringe with three-way cock.

468 ***Conventional hydrogel:**

469 TetraPEG-NH₂ and TetraPEG-NHS (60 g/L) were dissolved in PB (pH7.4, 50 mM) with NaCl
470 (149 mM); the resultant solutions were mixed using the double syringe with three-way cock.
471

472 **12. Intraocular pressure**

The intraocular pressure was measured with a tonometer (icare pro; TA01i, Tiolat Oy, Finland)
the day before surgery and 3, 7, 28, 90, 150 and 410 days after surgery. Measurements were
conducted in a blinded manner.

476

477 **13. Ocular examination**

478 Slit lamp microscopy and indirect ophthalmoscopy were performed with dilated pupils under 479 general anesthesia the day before surgery and 3, 7, 28, 90, 150 and 410 days after surgery. 480 Photographs of the posterior segment of the eye (vitreous and retina) were taken with a fundus 481 camera to evaluate postoperative inflammation of the eyes. Retinal microstructural images were 482 obtained using spectral-domain optical coherence tomography (Cirrus high-definition OCT; 483 Carl Zeiss, Dublin, California, USA). Retinal function was assessed using electroretinography (LW-102; Mayo, Aichi, Japan) 90 days after surgery for 6 eyes of Oligo-TetraPEG hydrogel-484 485 injected, 4 eyes of control and 4 eyes of conventional hydrogel-injected groups. Ocular 486 examinations were performed by blinded ophthalmologists.

487

488 **14. Histological evaluation of rabbit eyes**

Rabbits were euthanized with an overdose of pentobarbital 410 days postoperatively, and theeyes were enucleated. After enucleation, eyes were fixed in 4% paraformaldehyde and

491	embedded in	paraffin or O	CT compound.	H&E staining was	performed on	de-paraffinized
171	ennoedded nn	paraliti or o	er compound.	The building was	periornie a on	ae paraminee

492 sections (5-7 μ m) and examined under a light microscope.

493

494

495 Data Availability

- 496 The data sets generated during and/or analyzed during the current study are available from the
- 497 corresponding author on reasonable request.
- 498

499

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574	www	y.nature.com/nature.
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576 Figure Legends

577

578 Figure 1. (a) Schematic illustration of gelation processes of conventional TetraPEG hydrogel 579 and Oligo-TetraPEG hydrogel. In the conventional TetraPEG hydrogel system, mutually 580 reactive TetraPEGs are simply mixed and reacted with each other to form the hydrogel. In the 581 case of the Oligo-TetraPEG hydrogel system, first mutually reactive TetraPEGs were mixed in 582 TetraPEG-SH excess and TetraPEG-MA excess conditions to form highly branched polymeric 583 clusters instead of hydrogels (Oligo-TetraPEGs). In the second vivo process, mutually reactive 584 Oligo-TetraPEGs were mixed to form Oligo-TetraPEG hydrogel. (b) (c) and (d) show the 585 dynamic storage modulus, G', (circles) and loss modulus, G'', (triangles) as a function of 586 frequency, ω , below, at and above the gelation threshold. In the region below the gelation threshold (b, $c_0 = 60$ g/L, r = 0.15), the system is in the sol state and G' < G''. At the gelation 587 threshold (c, $c_0 = 60$ g/L, $r = r_c = 0.16$), the system transforms from a sol to a gel and shows a 588 589 unique power law behaviour, $G' \approx G'' \approx \omega^{\beta}$. Above the gelation threshold (d, $c_0 = 60$ g/L, r =590 0.17), the system is in the gel state and G' > G'' in a wide range of ω . All the experiments were 591 performed in triplicate and the data were averaged for each ω . The lengths of error bars (S.D.) 592 are smaller than the size of symbols.

593

594 Figure 2. (a) Fabrication process for Oligo-TetraPEG hydrogel through the two step process. 595 In the first process, TetraPEG-SH and TetraPEG-MA were mixed in non-stoichiometric 596 conditions to form SH-excess and MA-excess Oligo-TetraPEGs. In the second process, these 597 Oligo-TetraPEG solutions were equally diluted and mixed in equal amount to form Oligo-598 TetraPEG hydrogels. (b) Sol-gel phase diagram: the relationship between initial polymer 599 concentration (c_0) and mixing ratio of TetraPEG-SH to total polymer concentration (r =600 [TetraPEG-SH]/([TetraPEG-SH] + [TetraPEG-MA])) at sol-gel transition points. The 601 conditions inside the dotted line produced gels, while the conditions outside did not. All the 602 experiments were performed in triplicate and averaged. The lengths of error bars (S.D.) are 603 smaller than the size of symbols.

604

Figure 3. (a) Gelation time (t_{gel}) of Oligo-TP hydrogels (circles) and TP hydrogels (triangles) as a function of the polymer concentration (c). (b) Osmotic pressure (Π_{os}) of Oligo-TP hydrogels as a function of c. (c) SANS measurements from an Oligo-TP solution and an Oligo-TP hydrogel. (d) Equilibrium elastic modulus (G') of Oligo-TP hydrogels (circles) and TP hydrogels (triangles) as a function of c. All the experiments except for SANS measurements 610 were performed in triplicate and averaged. The lengths of error bars (S.D.) are smaller than the 611 size of symbols. The error bars on the SANS profiles show S.D following complete data 612 processing.

613

614 Figure 4. (a) Gel specimens and surrounding tissues, representative images of H&E staining 615 and immunostaining for CD62L (GFP) in histological sections of mice at 4 weeks after 616 subcutaneous injection of materials. Asterisks, arrows and rectangles denote materials, 617 epidermis and the location of views of immunostaining, respectively. Nuclei were stained with 618 DAPI. Non-specific GFP signal was detected in muscles (red dotted lines). Scale bars in H&E 619 staining and immunostaining indicate 5 mm and 100 µm, respectively. (b) Cell proliferation of 620 NIH3T3 cells cultured with or without Oligo-TetraPEGs. The data (relative cell number) are 621 expressed as the mean \pm SDs from four independent experiments. No statistical difference was 622 found between MA-excess Oligo-TP and control, SH-excess Oligo-TP and control, and MA 623 excess and SH excess Oligo-TPs in Student t-test analysis. (c) Representative H&E staining 624 images of histological sections in mice subcutaneously injected with MA-excess and SH-excess 625 Oligo-TPs or PBS. Sections at 3 days and 2 weeks after the injection are shown. Scale bars, 626 200 µm.

627

628 Figure 5. (a) Changes in the intraocular pressure in the Oligo-TP hydrogel-injected and 629 balanced salt solution-injected (control) groups. No significant difference in intraocular 630 pressure was observed between Oligo-TP hydrogel-injected and control groups throughout the 631 observation period, up to 410 days in Student t-test analysis. The data are expressed as the mean 632 ± SDs. (b) Anterior segments of rabbit eyes in the Oligo-TP hydrogel-injected, control and TP 633 hydrogel-injected groups on postoperative day 7. (c) Images of eyes after dissection 90 days 634 postoperatively in the Oligo-TP hydrogel-injected, control and TP hydrogel-injected groups. 635 (d) Electroretinography waveform of rabbit eyes in the Oligo-TP hydrogel-injected, control and 636 TP hydrogel-injected groups on postoperative day 90. Bars: 100 µV and 25 ms. (e) 637 Electroretinography data of a-wave and b-wave implicit time in the Oligo-TP hydrogel-injected 638 and control groups on postoperative day 90. The data are expressed as the mean \pm SDs. (f) 639 Electroretinography data of a-wave and b-wave amplitudes in the Oligo-TP hydrogel-injected 640 and control groups on postoperative day 90. The data are expressed as the mean \pm SDs. No 641 significant difference in implicit times and amplitudes was observed between Oligo-TP 642 hydrogel-injected and control groups. (g) Representative images of H&E staining in 643 histological section of rabbit eyes at 410 days postoperatively. Scale bars indicate 200 µm. No 644 apparent inflammation or alteration of retinal microstructure was observed in both Oligo-TP

645 hydrogel-injected and control group.

646

- 647 **Figure 6.** Fundus photography of rabbit eyes in the Oligo-TetraPEG hydrogel-injected, retinal
- 648 detachment with the Oligo-TetraPEG hydrogel-injected and control groups. Arrowhead =
- 649 intentional retinal break. Arrowhead = intentional retinal break.
- 650

651 Author Contributions

- T. S. and U. C. planned and supervised the project. K. H., F. O., S. H., T. K., D. Z., X. L., M.
- 653 S., E. G. and S.O. designed and performed the experiments. T. O. contributed to discussions654 throughout the project.
- 655

656 Author Information

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- 658
- The authors declare no competing financial interests.
- 660

661 Correspondence and requests for materials should be addressed to sakai@tetrapod.t.u-662 tokyo.ac.jp.