# Lipid Nanotubes as an Organic Template for an Electrically-Conductive Gold Nanostructure Network

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### ABSTRACT:

We demonstrate an approach to fabricate a gold nanowire network that presents a macroscopic electrical conductivity based on a lipid nanotube (LNT) template with attached gold nanoparticles. The poor electrical conductivity that we have previously faced was overcome by centrifugation and resuspension of gold nanoparticle solution for removing stabilizing agents, which increased the density of gold nanoparticles on the LNTs. An additional electroless metal plating further enhanced their contacts at nanoscale. Thanks to these procedures the sheet resistance was improved by 11 orders of magnitude. As a proof of principle, transparent conductive films were fabricated with these gold nanowires, which exhibited sheet resistance of maximum 70  $\Omega/\Box$  and transmittance of 50-75% in visible light.

KEYWORDS: lipid self-assembly, lipid nanotubes, organic template

Table 1: Comparison of nanofabrication techniques<sup>1-7</sup>

	Feature size	Throughput	Equipment demand	Comments
Lithography				
UV lithography	> 10 nm	High	High	Dimension limits due to wavelength
Extreme UV lithography	< 10 nm	High	High	Difficult to fix defects
Electron beam lithography	< 10 nm	Low	High	Backscattering of electrons limits minimum spacing between pattern features
Focused ion beam lithography	< 10 nm	Low	High	Extensive substrate damage
Scanning probe lithography Scanning tunneling microscope lithography Atomic force microscope lithography Nanoimprint lithography	10-50 nm 10-50 nm < 15 nm	Low Low High	High High Low*	Mostly used for mask repair Mostly used for mask repair Limited to soft lithography
Self-assembled templates				
Colloidal lithography	< 10 nm	Hıgh	Low	Limited to specific pattern
DNA self-assembly	< 5 nm	High	Low	It does not require expensive equipment but DNA (templating material) is expensive

\* Relies on a mask aligner for fabricating the mold

#### **INTRODUCTION**

Nanostructured surfaces have broad applications such as photovoltaic devices,<sup>8-9</sup> next generation batteries,<sup>10-12</sup> sensors,<sup>13-16</sup> metamaterials,<sup>17-20</sup> wearable healthcare devices,<sup>21-23</sup> tissue engineering,<sup>24</sup> enzyme-coated<sup>25</sup> and anti-bacterial surfaces.<sup>26-27</sup> The emergence of these nanotechnologies is accompanied by the advancement of nanofabrication methods to shape, position, and organize objects at nanoscale to go beyond the conventional top-down lithography in terms of feature size, throughput or reduced required equipment for minimizing the cost (see the comparison in Table 1). Organic templating based on self-assembled biomolecules is one of the approaches that can potentially provide a higher throughput thanks to the self-assembly and lower prices because of the wet-chemistry-based processes without use of expensive machines. Magnolia liliiflora leaf veins have been previously exploited to fabricate conductive transparent substrates by electroless metal plating of copper.<sup>28</sup> Their performance in terms of the transparency in visible wavelength (86%) and the sheet resistance that is two orders of magnitude lower than that of ITO films is excellent, however, their feature size is relatively large (sub- to several micrometer) and the use of natural leaves hinder controlled large scale productions. Tobacco mosaic virus<sup>29-32</sup>, DNA<sup>33-39</sup> and lipid nanotubes<sup>40-</sup>

<sup>41</sup> have been also used as a template for metal plating to fabricate conductive nanoparticles dispersed either in solution or on substrates. Especially DNA is programmable, which has an advantage for creating nearly arbitrary shapes. However, such nanoparticles could not be connected into a macroscopic network efficiently because even the biggest DNA origami to date is in the range of sub-micrometer.<sup>42-43</sup> In addition, DNA is expensive as a templating material. This limits their application in electronics such as transparent conductive films, fractal electrodes, and electrochemical plasmonic sensors because a homogenous macroscopic conductivity is difficult to achieve with these substrates with dispersed conductive nanoparticles due to a poor and uncontrolled electrical connection between the particles. Therefore, the combination of the fabrication of nanosized objects and their assembly into a network over a macroscopic area based on organic templating remains as a challenge.

In this work, we demonstrate an approach to fabricate a gold nanowire network that presents a macroscopic electrical conductivity based on lipid nanotube (LNT) templates. LNTs employed in this work<sup>44-49</sup> have a diameter of around 20 nm, thus transferring their architecture to solid materials by wet chemistry enables fabrication of nanostructures without using expensive equipment. In addition, lipids are cheap and safe, while their amphiphilic nature allows material-efficient self-assembly with high throughput.<sup>50-51</sup> All these aspects make it an attractive candidate for nanofabrication templates. Gold nanoparticles (AuNP) were attached to these pre-patterned LNT templates via biotin-streptavidin binding for the alignment. Previously we have suffered from the poor electrical conductivity from these substrates due to the lack of connections between AuNPs.<sup>44</sup> In this work, we introduced electroless metal plating to dramatically improve the electrical conductivity of the aligned AuNPs. As a proof of principle, we fabricated transparent conductive films made of gold nanowires (AuNW) on glass substrates, which exhibited sheet resistance of maximum 70  $\Omega/\Box$  and transmittance of 50-75% in visible light.



**Figure 1:** (A) Chemical structure of DOPE and a scheme describing the fabrication procedure of gold nanowires (AuNW) based on lipid nanotube templates. (B, C) Fluorescent images of self-assembled lipid nanotubes (LNT) before and after gold nanoparticle (AuNP) attachment, respectively. Note that the enhancement of these images is not equal, because the fluorescence intensity of LNTs from (C) is dimmer due to photobleaching that takes place during the AuNP attachment process. (D) The reaction mechanisms of chemical fixation of DOPE with (a) glutaraldehyde and (b) osmium tetraoxide. (E) Infrared spectra of dried and fixed lipids.

#### MATERIALS AND METHODS

*Buffer Solution (HEPES)*: All the experiments were performed in HEPES buffer solution at pH 7.4. The buffer solution was prepared with 10 mM 4-(2-hydroxyethyl)piperazine-1-ethanesulfonic acid (Sigma Aldrich, Switzerland) and 0.15 M sodium chloride (Sigma Aldrich, Switzerland) in ultra-pure water filtered through MilliQ Gradient A10 filters (Millipore AG, Switzerland). The pH was adjusted to 7.4 using 6 M NaOH (Sigma Aldrich, Switzerland). It was sterile filtrated through 0.22 μm porous membranes before use.

Surface Functionalization with Polyelectrolytes: PLL-g-PEG and PLL-g-PEG-biotin (Polylysine (20 kDa) grafted with polyethyleneglycol (2 kDa), #PLL(20)-g[3.5]-PEG(2)) were purchased from SuSoS AG (Switzerland) and dissolved in ultrapure water at 0.1 mg mL<sup>-1</sup>. For the PLL-g-PEG-biotin coating, an oxygen-plasma-treated glass coverslip was incubated in PLL-g-PEG/PLL-g-PEG-biotin solution (2:1) for 30 min and rinsed with ultrapure water. The mixture of biotin-tagged PLL-g-PEG and PLL-g-PEG permits to control the density of biotin on surfaces. The same method was used for the coating of silicon grids for transmission electron microscopy (TEM) and silicon wafers for scanning electron microscopy (SEM). After the functionalization of the surfaces, the substrates were incubated in streptavidin (#S4762, Sigma-Aldrich, Switzerland) solution (50  $\mu$ g mL<sup>-1</sup>) for 45 min and rinsed with ultrapure water.

*Lipid Nanotube Assembly*: The lipid solution were prepared as reported in our previous work<sup>44</sup>. 1,2-dioleoyl-sn-glycero-3-phosphoethanolamine (DOPE, #850725), 1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine-N-(cap biotinyl) (BiotinPE, #870273), and 1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine-N-(lissaminerhodamine B sulfonyl) (RhodaminePE, #810150) were purchased from Avanti Polar Lipids and stored in chloroform. The lipid solution was prepared by mixing 96% DOPE + 4% BiotinPE + 0.1% RhodaminePE in a flask, drying in vacuum for minimum 2 h and adding HEPES buffer solution, followed by sonication at the final concentration of 1.0 mg mL<sup>-1</sup>. Upon sonication, lipids detach from the flask wall and form blocks of H<sub>II</sub> phase. The lipid blocks were adsorbed onto the substrates coated with PLL-g-PEG-biotin-streptavidin. The interaction between BiotinPE and the streptavidin exposed on the surface promotes the attachment of the lipids, while the PEG passivates the nonspecific adsorption. A turbulent flow was given by a pipette to create random LNT networks followed by rinse with HEPES buffer solution. To attach the AuNPs along the LNTs the created LNTs were incubated under streptavidin-AuNP solution (Cytodiagnostics, Canada, 5.96 ×  $10^{13}$  particles mL<sup>-1</sup>) for 15 min, followed by rinse with HEPES buffer.

*Sample Chambers*: All samples were confined in sample chambers consisting of a donutshaped polydimethylsiloxane (PDMS) block and a glass coverslip cleaned by an oxygenplasma cleaner (TePla IoN 3Mz oxygen plasma machine, PVA TePla, Germany) just before the experiments. The PDMS blocks adhere to the glass surface and act as a wall to confine liquid inside.

*Fluorescent Microscopy*: All the fluorescent images were taken with Nikon Eclipse Ti-E (Nikon, JP) equipped with a DS-Qi1 camera (Nikon, JP), a metal-halide fluorescence lamp (Nikon, JP) with a long-distance objective lens 40x (CFI S Plan Fluor ELWD, Nikon) and a fluorescent filter TRITC (543/593). The contrast and the brightness were adjusted and the image were presented with a false color for the figure.

*Chemical Fixation*: LNTs were chemically fixed as previously described<sup>44</sup>. The samples were incubated with osmium tetroxide (1% in 0.1 M cacodylate buffer solution, pH 7.4) and glutaraldehyde (2.5% in 0.1 M cacodylate buffer solution, pH 7.4) at 2:1 ratio at 0 °C for 30

min followed by rinse with HEPES buffer for three times. Then, the buffer solution was exchanged with ethanol gradually (15%, 30%, 50%, 75%, 80%, 95%, 100%) and finally exchanged with acetone. After the removal of acetone, the sample was completely dehydrated.

*Electroless metal plating:* A precursor aqueous solution of 29.4 mM chloroauric acid (HAuCl<sub>4</sub>, #254169, Sigma-Aldrich, Switzerland) was prepared and stored under dark at 2 °C. A reducible plating solution was prepared by first heating the gold precursor solution (250  $\mu$ L) to 60 °C and adding 0.5  $\mu$ L H<sub>2</sub>O<sub>2</sub> (Reactolab SA, Switzerland). The reducible plating solution (200  $\mu$ L) was then added to the well with the fixed and dried AuNP coated LNTs. The samples were incubated at 70 °C while being shaken at 130 rpm for 5 min and immediately washed with water and subsequently with acetone. Over the course of the 5 min, the solution turned purple indicating the formation of Au nanostructures.

*Transmission Electron Microscopy:* Samples were prepared on 20, 50 or 200 nm-thick Si3N4 TEM membranes with 0.5 x 0.5 mm window (Plano GmbH, Germany) in a similar way to the one for glass substrates. Imaging was carried out with a FEI Tecnai G2 Sphera (FEI, Switzerland) operating at 120 kV acceleration voltage. The contrast was adjusted for the figures.

*Scanning Electron Microscopy:* Samples were prepared on silicon wafers in a similar way as on glass substrates. Imaging was carried out with a JEOL JSM-7600F (JEOL, Switzerland) in secondary electron imaging mode at energy levels of 5.0 kV and 20.0 kV at various magnifications. The contrast was adjusted for the figures. The instrument was equipped with an EDX detector with the model SDD X-MAX N80.

*UV-VIS spectroscopy:* Absorption spectra were obtained with V-670 (Jasco, USA). The samples deposited on glass coverslips were fixed with a hand-made sample holder. Absorption spectra were presented after removal of the background signal of clean glass coverslips.

*Electrical Measurements:* A cyclic voltammetry program with a two electrode setup was used to obtain I–V curves with an Autolab Potentiostat (Metrohm AG, Switzerland) equipped with Nova 2.1 software. Gold was sputtered on each side of the sample area by JEOL JFC-1200 Fine Coater (JEOL, Switzerland) for fabricating contact pads (roughly 5 mm in width and 2 mm distance between electrodes), which were connected to the potentiostat via crocodile connection.

#### **RESULTS AND DISCUSSION**

The schematic process for preparing AuNWs with self-assembled LNTs is shown in Figure 1A. The basic protocol for LNT surface assembly is described elsewhere.<sup>44</sup> In brief, first, DOPE, DOPE-Biotin and RhodaminePE were mixed in chloroform, dried, and rehydrated with HEPES buffer solution. Upon sonication, lipids form inverted hexagonal (H<sub>II</sub>) blocks, which were attached to a glass coverslip functionalized with PLL-g-PEG-biotin-streptavidin. The PEG-coated area acts as a passivation surface to prevent nonspecific adsorption of AuNPs, while the exposed streptavidin on the surface is used to attach H<sub>II</sub> lipid blocks through DOPE-Biotin. When a shear force created by a solution flow is applied to the lipid blocks, a part of the lipid blocks moves, while the other part remains adhered to the substrate, resulting in protruding LNTs. Next, to immobilize AuNPs along the LNTs, the formed LNTs were incubated in a streptavidin-coated AuNP solution. Figure 1BC show fluorescent images of self-assembled LNTs on glass substrates before (Figure 1B) and after (Figure 1C) attachment of 10 nm AuNPs. These images show that the addition of AuNPs does not disturb the LNT network,

although a slight change in the morphology was occasionally observed.

After coating the LNTs with AuNPs, they were chemically fixed, so that the LNTs withstand the following drying procedure. We used a combination of glutaraldehyde and osmium tetroxide, which are widely used in biology to prepare samples for electron microscopy.<sup>52</sup> After the fixation the amount of carbon double bonds (C=C) that were originally present in the tail of DOPE lipids decreased as seen by the reduction of the C=C peaks at 1695 cm<sup>-1</sup> and 1639 cm<sup>-1</sup> in the infrared spectra in Figure 1E. This suggests that osmium tetroxide reacted with them. This crosslinks the lipid tails, whereas one of the side products of this reaction is diolate species (reaction (b) in Figure 1D). This explains the broad peak that appeared after the fixation at 3340 cm<sup>-1</sup> (OH), which is typical for free OH group. The peak at 1558 cm<sup>-1</sup> (C-N) for dried lipids comes from the amine group in the DOPE headgroup. This group reacts with glutaraldehyde during fixation, which can be seen by the reduction of this peak after fixation. The peak at 3300 cm<sup>-1</sup> (N-H) is also from the amine group, yet its overlap with the OH peak hinders the interpretation after fixation. This reaction forms imine groups between headgroups, which may be the peak that appeared at 1644 cm<sup>-1</sup> (C=N) after fixation, although the overlap with the C=C peak makes it difficult to interpret. The peak at 1724 cm<sup>-1</sup> (C=O) in dried lipids is due to the ester carbonyl groups in the head group of DOPE. After the fixation, an enhanced peak with a slight shift at 1735 cm<sup>-1</sup> appeared. This is due to the C=O groups from glutaraldehyde that is either not reacted or reacted only on one side (reaction (a) in Figure 1D) overlapped in the same wavenumber region. The rest of the peaks are similar before and after fixation as expected. The assignment of the peaks is summarized in Table S1 in supplementary information.



**Figure 2:** (A) Transmission electron microscopy and (B) scanning electron microscopy images of gold nanoparticle-attached lipid nanotubes at low nanoparticle concentration. (C, D, E) The distance between gold nanoparticles was equal at low concentration, which indicates inter-particle interactions. (F, G) Transmission electron microscopy images of gold nanoparticle-coated lipid nanotubes at high particle density.

This chemical fixation procedure cross-links both the head groups and the tails of the lipids, efficiently solidifying the LNTs without destroying the alignment of AuNPs. In our previous work,<sup>44</sup> we characterized the morphology of these AuNP-attached LNTs after fixation by atomic force microscopy (AFM). Although the resolution of AFM was sufficient to capture the presence of AuNPs, a lack of material contrast in this technique sometimes made it difficult to interpret the images. To overcome this issue, in this work, we characterized our samples with transmission electron microscopy (TEM) and scanning electron microscopy (SEM). Both techniques enable to distinguish materials by contrast in their images, because each element interacts with electrons in a different manner.

The background adsorption of AuNPs is successfully suppressed thanks to the PEG (Figure 2AB). Interestingly, both TEM (Figure 2A) and SEM (Figure 2B) visualized the alignment of AuNPs along the edge of the LNTs at low AuNP density. During the incubation, AuNPs should attach randomly onto the LNT surfaces. These obtained images suggest that after AuNPs are anchored to the LNTs they diffuse due to the fluidity of lipids until they find the substrate, where they adhere to the substrate via e.g. van der Waals interactions. This behavior is in agreement with the high lipid fluidity that has been previously characterized by fluorescence recovery after photobleaching (FRAP).<sup>47-48</sup> The distance between AuNPs, aligned along the edge of LNTs, is constant at  $35 \pm 10$  nm (Figure 2C-E), which implies that there is a preferential distance between AuNPs due to the inter-particle interactions. This phenomenon took place only when we used the purchased streptavidin-coated AuNPs as it is, whereas it vanished when we centrifuged and resuspended in PBS buffer solution (Figure 2FG). The centrifugation and resuspension remove stabilizing agents such as glycerol (20%) and bovine serum albumin (BSA, 1%), and potentially free unbound streptavidin that may have been present in the solution. This suggests that the preferential distance is probably due to glycerol and BSA that

are known to add a shell to proteins<sup>53-54</sup> and to change the PEG conformation.<sup>55</sup> Note that the size distribution of the used AuNPs is reported as 10 nm.



**Figure 3:** Representative (A) bright field, (B) scanning electron and (C) atomic force microscopy images of gold nanowires after electroless metal plating. (D) *I-V* curve for a sample and (E) its transparency profile. The typical surface plasmon resonance peaks from gold nanostructures can be seen at around 540 nm. (F) Electrical sheet resistance correlated with transparency for each sample, compared with the performance of other approaches in literature.<sup>56-58</sup> (G) SEM image of AuNWs, (H) corresponding EDX Au map and (I) EDX carbon map.

To improve the connection between these aligned AuNPs, we performed electroless metal plating on the surfaces (Figure 3A-C). Electroless metal plating<sup>59-60</sup> is a process, by which a metal is reduced onto a surface from its salt initially dissolved in the bulk without the need for an applied electrical potential. Here the aligned AuNPs were used as a catalyst for the plating reaction. The method used in this work is similar to the previously-reported technique for growing thin gold films on poly(vinyl pyrollidone) platinum loaded capsules.<sup>61-62</sup> After the optimization of the key parameters such as incubation time, temperature etc., the bright field (Figure 3A), SEM (Figure 3B), and AFM (Figure 3C) images all present the connection of AuNPs into wires. These Au nanowires did not form just with LNTs without attached AuNPs (Figure S1), suggesting the importance of the pre-aligned AuNPs as a catalyst. The Au salt solution stayed yellow during the plating, which implicates that the AuNPs that are larger than 5 nm (typically shows red color) did not form significantly in solution. This also supports that the metal plating is taking place on the substrate not in solution. The recipe for the metal plating is also important, as another reported method<sup>63-65</sup> failed to connect AuNPs due to the lack of fast and efficient metal growing on the substrate and the excess formation of additional AuNPs in solution (Figure S2). Neither pre-oxygen plasma treatment for removing the LNT template before plating (Figure S3AB) nor subsequent annealing after growing (Figure S3CD) were proven to be useful, because removing the template induces the instability in the alignment of AuNPs and the annealing tends to induce pearling of the nanowires due to the high surface tension of the liquid gold.<sup>66-67</sup> The fabricated substrates exhibited sheet resistance ranging 70  $-2000 \Omega/\Box$  (Figure 3DF), which is 11 orders of magnitude lower than our previous samples without electroless metal plating,<sup>44</sup> and transmission at 50-75% in visible wavelength (Figure 3EF). There is no strong correlation between the conductance and the transparency. This suggests that the variation in the conductance is due to the difference in the connectivity between gold nanoparticles at microscale. Energy-dispersive X-ray spectroscopy (EDX)

revealed disconnections of gold wires (see arrows in Figure 3H). The density of such a defect was roughly estimated as 2 disconnections per 5 µm which could explain the low conductivity of the sample. The transparency of the substrates can be explained by the gold surface coverage. AFM shows that the height of the gold wires is around 100 nm (Figure 3C). Control experiments suggest that a gold thin film above a thickness of 20 nm has almost no transmittance in visible light (Figure S7 in SI). Therefore, the transmittance from our substrates mainly originates from the glass region in between wires, which is around 50 % of the surface, matching with the transmittance (50-75%). To improve the transmittance, either the density or the height of the wires has to be reduced. Nevertheless, both reducing the wire density by adjusting the surface attachment of LNTs and the wire height by a shorter duration of metal plating would compromise the electrical conductance. If the samples are handled violently, the detachment of the Au mesh structure was occasionally observed (Figure S4), which also worsen the electrical connectivity. The performance of these samples is comparable to some of the reported graphene-based substrates (Figure 3F).<sup>68-75</sup> The advantage of our method is that we do not need an expensive instrument such as chemical or physical vapor deposition that other approaches (ITO, graphene, carbon nanotubes) would require. The material deposition can be more controlled and homogenous compared to Ag nanowires, which are typically spincoated.76-77

#### CONCLUSION

We demonstrated the fabrication of transparent conductive films based on LNT templates that have fair transmittance (50-75%) because of the single layer metal mesh nanostructure and sheet resistance (70 – 2000  $\Omega/\Box$ ) that is 11 orders of magnitude lower than our previous report<sup>44</sup> thanks to the electroless metal plating. These performances come from the improved

controllability of the nanowire deposition on substrates compared to spin-coating or embedding inside polymers that could suffer from lower or inhomogeneous transmittance due to the multilayer structures and lower conductance because of their poor connections. In contrast to other templating approaches that produce disconnected conductive nanoparticles such as metal plating of Tobacco mosaic virus<sup>29-32</sup> or DNA<sup>33</sup>, our approach yields electrically-connected nanowire network over a macroscopic area. By replacing gold with other metal, a further reduction of the cost may be possible (see our preliminary efforts in Figure S5, S6 and Table S2 in SI). The molecular patterning approach based on LNT templates demonstrated in this work can be extrapolated towards biomolecule (e.g. protein) surface assembly<sup>78</sup> and even their patterning in an arbitrary shape for creating e.g. circuits by combining the previously-reported single LNT patterning technique with a micromanipulator.<sup>47</sup>

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#### Notes

The authors declare no competing financial interest.

# ASSOCIATED CONTENT

# **Supplementary Information**

Supporting Information for Table S1-S2 and Figure S1-S7 are available.

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