

Physiological functions of neurosteroids
produced by steroid 7 α -hydroxylase CYP7B1 in mice
(ステロイド 7 α 水酸化酵素 CYP7B1 により合成される
マウスニューロステロイドの生理機能解析)

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Neuroactive steroids, termed neurosteroids, are synthesized *de novo* in the brain and influence biological functions including behavior and higher brain function. These neurosteroids are synthesized from cholesterol by a series of enzymes, among which one of the P450 hydroxylases, cytochrome P450-7b1 (CYP7B1), catalyzes formation of 7-hydroxylated neurosteroids, 7 α -hydroxypregnenolone (7 α -OH-Preg) and 7 α -hydroxydehydroepiandrosterone (7 α -OH-DHEA). In this study, I found higher levels and diurnal expression of *Cyp7b1* mRNA in the mouse hippocampus among various brain regions, and identified 7 α -OH-Preg and 7 α -OH-DHEA in the mouse hippocampal extract by using ultra-performance liquid chromatography coupled with electrospray-tandem mass spectrometry in negative ion mode. This is the first report to identify these steroids in the mouse brain without derivatization for mass spectrometry. Then, I investigated behavioral phenotype of *Cyp7b1*-deficient mice. Intriguingly, *Cyp7b1*-deficiency did not affect recent memory but impaired

remote memory in the Morris water maze test. Furthermore, chronic intracerebroventricular administration of a mixture of 7α -OH-Preg and 7α -OH-DHEA improved remote spatial memory performance of *Cyp7b1*-deficient mice. These results demonstrate that the 7α -hydroxylated neurosteroids regulate long-term maintenance of spatial memory in mice.