

[課程－ 2 ]

## 審査の結果の要旨

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This study investigated the potential effect of clinical learning experiences on adapting, and the mediating role of adapting in the relationship between clinical learning experiences and adaptability. This study was conducted based on the career construction model of adaptation (CCMA), with a focus on those nursing students who are challenged by the difficulty in career adaptation and transition to work. In the study, a two-wave longitudinal online survey was conducted among undergraduate nursing students in China. A structural equation model with bootstrapping was employed to test the hypothesized model. As the results, the hypothesized model showed good fitness, indicating effects of the quality of clinical learning experiences on adapting and adaptability. To be specific:

- 1) The quality of clinical learning experiences had a direct positive effect on adaptive behaviors
- 2) The quality of clinical learning experiences had an indirect positive effect on adaptability through adapting

Although this study had several limitations including limited participants and use of self-reported measures, the results indicated that the quality of clinical learning experiences may facilitate nursing students' adapting and adaptability by promoting adapting.

This study is one of the first studies to investigate the effects of adapting on adaptability based on CCMA, which may contribute to the development of CCMA and other career development theories. More importantly, this study suggests that taking advantage of clinical learning and improving the quality of clinical learning would not only benefit nursing students in the facet of professional development but also facilitate their adaptive behaviors and career adaptability and, eventually, bring about adaptation and other desirable outcomes in career and well-being.

よって本論文は博士（保健学）の学位請求論文として合格と認められる。