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# Practical quantum key distribution protocol without monitoring signal disturbance

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Quantum cryptography<sup>1-8</sup> exploits the fundamental law of quantum mechanics to provide a secure way to exchange private information. The basic idea behind quantum key distribution (QKD) has widely been understood as the property that any attempt to distinguish encoded quantum states causes disturbance on the signal. As a result, implementation of a QKD protocol involves estimation of experimental parameters influenced by eavesdropper's intervention through randomly sampled signals. This sacrificed portion of signals affects the efficiency of the protocol when it requires estimation of many parameters with high precision<sup>9,10</sup>. Here we propose a QKD protocol based on an entirely different principle. The sender encodes a bit sequence onto nonorthogonal quantum states and the receiver randomly dictates how a single bit should be calculated from the sequence. The eavesdropper, who is unable to learn the whole of the sequence, cannot guess the bit value correctly. A secure key rate is calculated by considering complementary choices over quantum measurements of two conjugate observables<sup>11</sup>. We found that a practical implementation using a laser pulse train achieves a key rate comparable to a decoy-state QKD protocol<sup>12–14</sup>, a commonly used technique for lasers. It also has a better tolerance on bit errors and on finite-sized-key effects. We anticipate our finding to give new insight into how the probabilistic nature of quantum mechanics can be related to secure communication, and to open up a new route towards simple and efficient use of conventional lasers for QKD.

In a QKD protocol, the sender Alice and the receiver Bob repeat transmission of quantum signals and accumulate raw bits of data through quantum measurements. Using public communication, each of them discards the apparently useless portion of the raw data to form a bit sequence called a sifted key. The sifted key of length N is then processed into the final key of a shorter length

through error reconciliation and privacy amplification. Denoting the costs of the two procedures as  $H_{\text{ER}}$  and  $H_{\text{PA}}$ , the net production length G of the secure final key is given by

$$G = N(1 - H_{\rm ER} - H_{\rm PA}).$$
 (1)

When the bit errors between Alice's and Bob's sifted key occur at a rate  $e_{\text{bit}}$ , the ideal cost of error reconciliation in the asymptotic limit of large N is given by  $H_{\text{ER}} = h(e_{\text{bit}})$  as Shannon entropy, with  $h(x) := -x \log_2 x - (1-x) \log_2(1-x)$ . The cost  $H_{\text{PA}}$  depends on how much information on the sifted key has leaked to an eavesdropper Eve. For example, it is given by  $H_{\text{PA}} = h(e_{\text{bit}})$  in a simple proof<sup>15</sup> for the BB84 protocol<sup>1</sup>. In general, the formula varies depending on protocols and security proofs, and parameters other than  $e_{\text{bit}}$  are often monitored in the protocol and enter into the formula of  $H_{\text{PA}}$ . Nevertheless, so far  $H_{\text{PA}}$  was always an increasing function of the amount of disturbance. This implies that the conventional QKD protocols<sup>1–8,12–14</sup> inherently rely on the original version of Heisenberg's uncertainty principle, which dictates that the more information Eve has obtained, the more disturbance she should have caused on the signal.

What we propose here is an entirely new approach to establish private correlations between Alice and Bob under the presence of an eavesdropper Eve, in which the leaked information to Eve is bounded regardless of the disturbance that she causes on the quantum signal. The main idea is to encode many raw key bits on quantum systems coherently such that only a few bits can be read out at the same time, which enables Bob to specify randomly how the sifted key bit is calculated from the raw key bits. This randomness makes it hard for Eve to guess the calculated bit from what little knowledge on the raw key bits she has acquired.

Let us explain our QKD protocol in more detail using the schematics shown in Fig. 1a. The protocol proceeds as follows. (I) Alice encodes a random *L*-bit sequence  $s_1s_2 \cdots s_L$  on a weak signal. For the understanding of the basic idea, here we assume that the encoded signal is a single-photon state of *L* optical pulses,

$$|\Psi_1\rangle := \frac{1}{\sqrt{L}} \sum_{k=1}^{L} (-1)^{s_k} |k\rangle,$$
 (2)

where the photon is in the k-th pulse for state  $|k\rangle$ . (II) After possible intervention by Eve, Bob receives the signal. (III) An independent random number generator (RNG) announces a random value  $r \in \{1, \dots, L-1\}$ . (IV) Through an optical interference measurement M, Bob tries to determine the value of  $s_i \oplus s_j$  for a pair of indices  $\{i, j\} \subset \{1, \dots, L\}$  satisfying  $j-i = \pm r \pmod{L}$ . Here the symbol  $\oplus$  denotes summation modulo 2. In measurement M, Bob splits each pulse by a half beam-splitter and then superposes the k-th and the k'-th half pulses  $(k' = k + r \pmod{L})$ , k = 1, ..., L) to measure the phase difference by detecting a photon. Whenever a photon is detected from the superposed *i*-th and *j*-th pulses, Bob announces  $\{i, j\}$  and records the measured phase difference as his sifted key bit  $s_B$ . Alice records  $s_A = s_i \oplus s_j$  as her sifted key bit. As shown in Methods section, if Bob receives the state  $|\Psi_1\rangle$  intact, he learns  $s_A$  without errors.

We are now interested in how well Eve can guess the value of  $s_A$ . Fig. 1a alone is not conclusive in this regard, since she has a control over the decision process of the indices  $\{i, j\}$  through feeding a modified signal to Bob at step (II). In order to show that Eve's control is quite limited, consider another measurement procedure by Bob shown in Fig. 1b. In measurement M', Bob simply measures the location of the photon in the incoming L pulses to determine one of the indices, i. He also generates a random bit b. Subsequently, the RNG announces r, which determines the other index as  $j = i + (-1)^b r \pmod{L}$ . As is proved in Methods section, this procedure is equivalent to M as far as the production of outcome  $\{i, j\}$  is concerned. Hence, it suffices to show Eve's ignorance of  $s_A$  in Fig. 1b.

An intuitive reasoning for the ignorance is given as follows. Since Alice has emitted just one photon, most of the *L* bits should be unknown to Eve when  $L \gg 1$ . In Fig. 1b, Eve's intervention only affects the decision of index *i*, and the other index *j* is chosen randomly from the rest of L-1 bits through the random number *r*. We may thus expect that Eve has little information on  $s_j$ , and hence on  $s_A = s_i \oplus s_j$ .

What is remarkable here is that the above argument has no reference to how much Eve has disturbed the signal received by Bob. To make a rigorous security proof, we have only to show that Alice's sifted key bit  $s_A$  in Fig. 1b can be accumulated and converted to a secure final key, based on the fact that r is random and independent of i. There is no need to mention directly the state fed to Bob by Eve in the proof, and it is still valid for any attack strategy by Eve.

The difficulty in guessing the value of randomly chosen bit  $s_j$  appearing in Fig. 1b was discussed in a slightly different context and called the information causality<sup>16</sup>. Our QKD scheme may be regarded as the combination of the information causality, which holds for classical and quantum signals alike, and the complementarity, which is unique to quantum mechanics. Bob's measurement in Fig. 1a reveals the phase difference, a wave-like property, while that in Fig. 1b identifies the location of the photon, a particle-like property. In quantum mechanics, such different measurements may result in incompatible consequences. In fact, Bob learns  $s_A$  in Fig. 1a, whereas in Fig. 1b the information causality forbids anyone from learning  $s_A$ , including Bob. The mere

possibility of Bob's choosing the latter prevents Eve from learning  $s_A$  even if Bob has actually chosen the former.

It is also worth mentioning how our QKD protocol differs from the B92 protocol<sup>3</sup>. They are similar in many points. In both, Alice encodes the bit values on nonorthogonal states. Bob dictates which of the bits should be used. The dictation may be tampered by Eve via modifying the signals, since it is based on the outcomes of Bob's measurement on them. It is, however, only our protocol that has a complementary scenario shown in Fig. 1**b**, which substantiates the existence of inherent randomness in Bob's dictation, beyond the reach of Eve's tampering.

The above basic idea can be implemented simply by a weak coherent laser pulse train as a light source and a variable-delay interferometer at the receiver (Fig. 2), which we call the round-robin differential phase-shift (RRDPS) QKD protocol. The setup is exactly the same as the DPS QKD protocol<sup>7,17,18</sup> except that the fixed delay line in the original is replaced by a variable delay line. For a security proof, we adopt a simple characterisation of the source about the total photon number  $\nu$  in the *L*-pulse train stated in the form of

$$\Pr(\nu > \nu_{\rm th}) \le e_{\rm src},\tag{3}$$

with an integer  $\nu_{\rm th} < \frac{L-1}{2}$  and a constant  $e_{\rm src}$ . Let Q be the empirical rate of detection  $Q := N/N_{\rm em}$ when a sifted key of length N is generated through  $N_{\rm em}$  rounds of transmitting L-pulse trains. Then we can derive an asymptotic formula for the net production length of the secure key (see the Methods section)

$$G = N \left[ 1 - h(e_{\text{bit}}) - \frac{e_{\text{src}}}{Q} - \left( 1 - \frac{e_{\text{src}}}{Q} \right) h \left( \frac{\nu_{\text{th}}}{L - 1} \right) \right].$$
(4)

For clarity, let us consider the case where a nonclassical light source with  $e_{\rm src} = 0$  is used instead of the laser, for which

$$G = N \left[ 1 - h(e_{\text{bit}}) - h\left(\frac{\nu_{\text{th}}}{L - 1}\right) \right].$$
(5)

The case with  $\nu_{\rm th} = 1$  corresponds to the state  $|\Psi_1\rangle$  used in the explanation of the basic idea. In equation (5), the third term  $H_{\rm PA} = h(\nu_{\rm th}/(L-1))$  is a constant, which is in a stark contrast with the conventional QKD protocols for which  $H_{\rm PA}$  depends on the disturbance. The constant value of  $H_{\rm PA}$  leads to two advantages of the new QKD protocol: (i) It has high tolerance on bit errors. For example, for L = 128 and  $\nu_{\rm th} = 1$ , G is positive up to  $e_{\rm bit} = 0.35$ . There is no fundamental limit on the error threshold smaller than 50%. (ii) The secrecy of the final key is established after

shortening the key length via privacy amplification by a fixed and predetermined fraction  $H_{PA}$ . There is no need to sacrifice a randomly chosen subset of signals to estimate an appropriate value of  $H_{PA}$ , which affects the rate of finite-sized key<sup>9,10,19–21</sup>.

For the use of weak coherent pulses (WCPs) from a conventional laser, we show examples of asymptotic key rates per pulse,  $G/(LN_{\rm em})$ , as a function of channel transmission  $\eta$  in Fig. 3. For ground-based transmission, an optical fibre of 50 km decreases  $\eta$  by a factor of 10, whereas  $\eta = 10^{-4} \sim 10^{-5}$  is expected for satellite-based transmission<sup>22–24</sup>. Figure 3 also shows rates of the BB84 protocol for comparison. When WCPs with the second order correlation  $g^{(2)}(0) = 1$  or a realistic single-photon source<sup>25–27</sup> with  $g^{(2)}(0) = 0.01$  are used for BB84, the multi-photon emission from the source is exploited by Eve via photon-number splitting (PNS) attacks<sup>28,29</sup>, resulting in a poor key-rate scaling of  $O(\eta^2)$ . The present scheme with WCPs has a better scaling close to  $O(\eta)$ , and surpasses the WCP- or the single-photon-based BB84 protocol for small  $\eta$ .

There is a popular technique called decoy-state QKD<sup>12–14</sup>, in which pulses with different amplitudes are randomly mixed in the signal to monitor the PNS attacks. It stands in sharp contrast to our protocol. Fig. 3 also shows the asymptotic key rate for the ideal decoy-state BB84 protocol<sup>13</sup>, in which the statistics of single-photon emission events are precisely characterised via decoy signals. While the asymptotic rate is better than our protocol by one order of magnitude, for finite-sized key the decoy-state BB84 protocol suffers from a trade-off between the overhead of processing a large-sized key and the inefficiency from inserting many decoy signals to reach a required accuracy in the estimation of parameters<sup>9,10</sup>. Our protocol is much simpler in this regard, requiring no sampling for determining  $H_{PA}$ . As a result, a positive key rate is achieved even with N being as small as  $10^3$  (see Methods section). For a higher bit-error rate, our protocol becomes better than the decoy-state BB84 even in the asymptotic limit, owing to its high tolerance on the errors. If we consider the use of modern digital coherent communication systems with 40 Gbits/s DPS signals and assume the receiver's overall detection efficiency of 10%, we can generate a secure key at a rate of 200 bits/s for a channel length of 200 km and an error rate of 11%.

The variable delay used in our scheme will be implemented as a series of switchable optical delay lines of  $T, 2T, 4T, 8T, \ldots$ , where T is the time interval between the neighbouring pulses. Since the delay is fixed for each train of L pulses, the switching speed can be much slower than T, and it only affects the duty ratio.

The proposed QKD protocol demonstrates that spreading quantum information coherently over hundreds of quantum systems such as optical pulses provides a novel way of utilising it for secure communication. The fact that the quantum effect survives under large noise suggests that similar encoding techniques may be useful for other applications of quantum information to work under the presence of noise.

## **Methods Summary**

# Bob's alternative choices of measurements.

Let  $+_L$  denote summation modulo L. When a single-photon input state  $\hat{\rho}$  is fed to measurement M, Bob announces  $\{k, k +_L r\}$  and obtains  $s_B = s$  at probability  $\langle k, s | \hat{\rho} | k, s \rangle / 2$  with  $|k, s \rangle := (|k\rangle + (-1)^s |k +_L r\rangle)/\sqrt{2}$ . Since  $\langle k, s | \Psi_1 \rangle = 0$  when  $s \neq s_k \oplus s_{k+Lr}$ , Bob's guess  $s_B$  is always equal to  $s_A$  if he has received state  $|\Psi_1\rangle$ . The probability of announcing  $\{i, j\}$  ( $\{j, i\}$  is regarded as the same value) is calculated to be  $P(\{i, j\}) = [P(i) + P(j)][\delta_{i+Lr,j} + \delta_{j+Lr,i}]/2$ , where  $P(k) = \langle k | \hat{\rho} | k \rangle$  is the probability of finding a photon in the k-th pulse.

The calculation of  $P(\{i, j\})$  for the case of Fig. 1b also leads to the same expression. This shows that the relation between the quantum signal received from Eve and the announced value  $\{i, j\}$  is identical for Fig. 1a and 1b.

## Derivation of secure key rates.

The random phase shift  $\delta$  enables Alice to tag each of the rounds with  $\nu > \nu_{\rm th}$  in principle<sup>30</sup>. We assume that this tagged portion, at most  $Ne_{\rm src}/Q$  bits, is fully leaked to Eve, leading to the  $-e_{\rm src}/Q$  term in equation (4).

For the untagged portion, it can be shown that the sequence  $s_1 s_2 \cdots s_L$  is equivalent to the outcome of  $\{|0\rangle, |1\rangle\}$ -basis measurement on L qubits prepared in a state fulfilling the promise that, if they are measured in a conjugate  $\{|+\rangle, |-\rangle\}$ -basis, no more than  $\nu_{\rm th}$  qubits are found to be in  $|-\rangle$  state. The key bit  $s_A = s_i \oplus s_j$  is then given by  $\{|0\rangle, |1\rangle\}$ -basis measurement on qubit j after a controlled-NOT operation on qubits i and j. It can be shown that the probability of finding qubit j in state  $|-\rangle$  is at most  $\nu_{\rm th}/(L-1)$ , leading<sup>11</sup> to the remaining term in equation (4).

#### Methods

#### Bob's alternative choices of measurements.

Let  $+_L$  denote summation modulo L, and  $\hat{P}(|\phi\rangle) := |\phi\rangle \langle \phi|$ . Bob's measurement M is fully characterised by a set of operators

$$\hat{E}_{k,s}^{(r)} := \frac{1}{2} \hat{P} \left( \frac{|k\rangle + (-1)^s |k +_L r\rangle}{\sqrt{2}} \right), \tag{6}$$

where the probability of outcome (k, s)  $(k \in \{1, ..., L\}, s \in \{0, 1\})$  is given by  $\operatorname{Tr}(\hat{\rho}\hat{E}_{k,s}^{(r)})$  for single-photon input state  $\hat{\rho}$ . From this outcome, he announces  $\{k, k +_L r\}$  (the order being irrelevant) and adopts  $s_B = s$ . Since  $\langle \Psi_1 | \hat{E}_{k,s}^{(r)} | \Psi_1 \rangle = 0$  when  $s \neq s_k \oplus s_{k+Lr}$ , Bob's guess  $s_B$  is always equal to  $s_A$  if he has received state  $|\Psi_1\rangle$ .

In measurement M, the probability  $P(\{i, j\})$  of announcing  $\{i, j\}(i \neq j)$  is given by  $\sum_{s} \operatorname{Tr}(\hat{\rho}\hat{E}_{i,s}^{(r)})\delta_{i+Lr,j} + \sum_{s} \operatorname{Tr}(\hat{\rho}\hat{E}_{j,s}^{(r)})\delta_{j+Lr,i}$ , where  $\delta_{x,y}$  is 1 for x = y and 0 for  $x \neq y$ . This is calculated to be

$$P(\{i,j\}) = [P(i) + P(j)][\delta_{i+Lr,j} + \delta_{j+Lr,i}]/2,$$
(7)

where  $P(k) = \langle k | \hat{\rho} | k \rangle$  is the probability of finding a photon in the k-th pulse.

In Fig. 1b, Bob announces  $\{k, k +_L (-1)^b r\}$  (k = 1, ..., L; b = 0, 1) at probability P(k)/2. Noticing that  $P(\{i, j\})$  is contributed from the cases k = i and k = j, we see that it is also given by equation (7). This shows that the relation between the quantum signal received from Eve and the announced value  $\{i, j\}$  is identical for Fig. 1a and 1b. Therefore, if a statement regarding Eve's knowledge about Alice's sifted key is proved for Fig. 1b, it should also be true for Fig. 1a.

## Derivation of secure key rates.

Here we give a security proof and derive the final key rate for the proposed QKD protocol shown in Fig. 2. We first show that Alice's random bit sequence  $s_1 \dots s_L$  can be regarded as an outcome of Z-basis measurement on L qubits. Let  $|\Psi\rangle$  be the state of an L-pulse train emitted from the laser source. In the actual set up, Alice chooses  $s_1 \dots s_L$  randomly and applies phase shifts accordingly, resulting in the emitted state  $\bigotimes_k (-1)^{s_k \hat{n}_k} |\Psi\rangle$ , where  $\hat{n}_k := \hat{a}_k^{\dagger} \hat{a}_k$  is the photonnumber operator for the k-th pulse. Instead<sup>18</sup>, she could prepare L qubits and the L pulses in an entangled state

$$2^{-L/2} \bigotimes_{k=1}^{L} \sum_{s_k=0,1} |s_k\rangle_k (-1)^{s_k \hat{n}_k} |\Psi\rangle, \qquad (8)$$

where  $\{|0\rangle_k, |1\rangle_k\}$  is the Z-basis states of the k-th qubit. The states of the L pulses are identical to those in the actual set up, and if Alice needs bit value  $s_k$ , she may simply measure the k-th qubit on the Z basis.

It is useful for later discussion to ask what happens if Alice measures the L qubits in the X basis  $\{|+\rangle, |-\rangle\}$  with  $|\pm\rangle := 2^{-1/2}(|0\rangle \pm |1\rangle)$ . Let  $n_-$  be the number of qubits found in state  $|-\rangle$ . The statistics of  $n_-$  is related to the photon number distribution in  $|\Psi\rangle$ . In fact, it is seen from equation (8) that if the k-th pulse contains an even number of photons, the state of the k-th qubit is  $|+\rangle_k$ , and if the number is odd, the state is  $|-\rangle_k$ . Hence  $n_-$  is no larger than the total photon number. Since the argument so far holds for any pure state  $|\Psi\rangle$ , it is also true when the source emits a mixed state. We thus conclude that, if the source fulfils equation (3),

$$\Pr(n_{-} > \nu_{\rm th}) \le e_{\rm src}.\tag{9}$$

Next, we relate Bob's apparatus in Fig. 2 to measurement M. We assume that the detectors can discriminate between a single photon from two or more photons, and that dark countings and inefficiency can be equivalently ascribed to a property of the transmission channel. Bob declares successful detection when a photon is detected from a superposed pulse and no other detection occurs in the whole pulse train. This ensures that the detected signal comes from a single-photon state. When the delay is r'T, the measurement is characterised similarly to equation (6) by operators

$$\hat{F}_{k',s}^{(r')} := \frac{1}{2} \hat{P} \left( \frac{|k'\rangle + (-1)^s |k' + r'\rangle}{\sqrt{2}} \right)$$
(10)

except that it is defined only if  $1 \le k' \le L - r'$ . To see that this is equivalent to measurement M except an efficiency of 1/2, introduce an auxiliary random bit c to define r = r' and k = k' if c = 0, while r = L - r' and k = k' + r' if c = 1. Then r is uniformly random. Given r, the probability of outcome (k, s) for input state  $\hat{\rho}$  is written as

$$\Pr(k,s) = \frac{1}{2} \operatorname{Tr}(\hat{\rho}\hat{F}_{k,s}^{(r)}) + \frac{1}{2} \operatorname{Tr}(\hat{\rho}\hat{F}_{k+r-L,s}^{(L-r)})$$
(11)

where it is understood that  $\hat{F}_{k',s}^{(r')} = 0$  for  $k' \ge L - r' + 1$  or  $k' \le 0$ . It turns out that one of the terms always vanishes and  $\Pr(k, s) = \operatorname{Tr}(\hat{\rho}\hat{E}_{k,s}^{(r)})/2$ . We thus conclude that Bob's apparatus is equivalent to measurement M preceded by a filter that allows only single-photon states to pass through with efficiency 1/2.

To assess how much Eve knows about Alice's key bit  $s_A$ , we may assume that Bob carries out measurement M'. Learning i, b and r, Alice applies a controlled-NOT operation to the qubit ias control and qubit  $j = i + (-1)^b r \pmod{L}$  as target. The key bit  $s_A = s_i \oplus s_j$  in the original protocol is now equivalent to the outcome of Z-basis measurement on qubit j. If one measures this qubit in X basis instead, the probability of a 'phase error', namely, of finding it in  $|-\rangle$  state is no more than  $e_{\rm ph}$  defined by

$$e_{\rm ph} = \frac{e_{\rm src}}{Q} + \left(1 - \frac{e_{\rm src}}{Q}\right) \frac{\nu_{\rm th}}{L - 1} \tag{12}$$

because the controlled-NOT operation does not affect the X eigenstates of the target, the index j is chosen uniformly from all qubits except the *i*-th via random number r, and finally equation (9)

assures that among the N rounds contributing the sifted key, at least  $N - N_{\rm em}e_{\rm src}$  rounds satisfy  $n_{-} \leq \nu_{\rm th}$  in the limit of large N. Then, if  $e_{\rm ph} < 1/2$ , she can extract a secure final key of length  $N[1 - h(e_{\rm ph})]$  by privacy amplification<sup>11</sup>. Bob composes his sifted key from bit  $s_B$  in each round. The error reconciliation will be done by letting Alice send  $Nh(e_{\rm bit})$  bits of encrypted information to Bob such that he can reconcile his sifted key to Alice's. The net production length is then given by

$$G = N[1 - h(e_{\rm bit}) - h(e_{\rm ph})].$$
(13)

This rate can be improved by applying a common random optical phase shift  $\delta$  to all the *L* pulses in the actual protocol. This makes the emitted quantum state of the train to be a classical mixture of states with fixed total photon numbers, enabling Alice to tag each of the rounds with  $\nu > \nu_{\rm th}$  in principle though she needs not to do so in practice<sup>30</sup>. We may then assume that Eve completely knows the sifted key bits for the tagged portion (at most  $Ne_{\rm src}/Q$  bits), while the rest is treated as if  $e_{\rm src} = 0$ . This leads to equation (4) in the main text and it is used in Fig. 3.

If we omit the random optical phase shift  $\delta$ , the rate for L = 128 and  $e_{\text{bit}} = 0.03$  decreases by about 10% from the rate shown in Fig. 3. On the other hand, if we are allowed to assume that the emitted photon number obeys a Poissonian distribution, the rate for L = 128 and  $e_{\text{bit}} = 0.03$  is larger than the one shown in Fig. 3 by about 30% even if we omit the random optical phase shift.

Finally, we briefly discuss an expected behaviour of our protocol for a finite-sized key. Let  $\bar{f}(k;n,p) := \sum_{j>k} p^j (1-p)^{n-j} n! / [j!(n-j)!]$  be the tail distribution for finding more than k successful events in a binomial distribution. Except for a probability  $\epsilon_1 := \bar{f}(Nr_1; N_{\rm em}, e_{\rm src})$ , we may choose  $Nr_1$  bits among the N sifted key bits to include all the tagged portion. We make no assumption on the phase errors for the chosen  $Nr_1$  bits. If we count the number of phase errors for the remaining  $N' := N(1 - r_1)$  bits, it should be no larger than  $N'r_2$  except for a probability  $\epsilon_2 := \bar{f}(N'r_2; N', \nu_{\rm th}/(L-1))$ . The imperfection in the final key is characterised through the failure probability  $\epsilon$  in identifying the phase error pattern when  $NH_{\rm PA}$  bits of error syndrome are given<sup>10,11,20</sup>. Given s > 0, we choose  $r_1$  and  $r_2$  to satisfy  $\epsilon_1 = \epsilon_2 = 2^{-s}$ . Then, we have  $\epsilon \leq 3 \times 2^{-s}$  for  $H_{\rm PA} = r_1 + (1 - r_1)h(r_2) + s/N$ . The commonly assumed quality of the key corresponds to  $s = 70 \sim 160$ .

As an example, consider the case with L = 128,  $\eta = 2 \times 10^{-3}$ , and  $e_{\rm bit} = 0.03$ . The results below do not change significantly if  $\eta$  is chosen to be smaller, such as  $\eta = 10^{-5}$ . Asymptotically, the rate is optimised when  $\mu = 0.0541$  with  $\nu_{\rm th} = 17$ , leading to  $p_1 := e_{\rm src} N_{\rm em}/N = 0.047$ ,  $p_2 := \nu_{\rm th}/(L-1) = 0.134$ , and  $H_{\rm PA} = H_{\rm PA}^{\rm asy} := p_1 + (1-p_1)h(p_2) = 0.588$ . For a finite length N, let us first use a crude Gaussian approximation of  $\ln \bar{f}(k; n, p) \cong -(k - np)^2/[(2np(1-p))]$ . This leads to  $r_1 \cong p_1 + \sqrt{(2\ln 2)p_1(s/N)}$  and  $r_2 \cong p_2 + \sqrt{(2\ln 2)p_2(1-p_2)(s/N')}$ . For  $N \gg s$ , substituting numerics gives  $H_{\text{PA}} \cong H_{\text{PA}}^{\text{asy}}(1 + 1.98\sqrt{s/N})$ . A better estimate is given by a rigorous bound  $\log_2 \bar{f}(k; n, p) \leq -nD(k/n||p)$  with  $D(q||p) := q \log_2(q/p) + (1-q) \log_2[(1-q)/(1-p)]$ . We calculated the finite-size rate after optimising over  $\mu$  and  $\nu_{\text{th}}$  for each N, and then derived its fraction R to the asymptotic optimal rate of  $1.16 \times 10^{-5}$ . For s = 100, we found R = 3.3% for  $N = 10^3$ , R = 53% for  $N = 10^4$ , R = 84% for  $N = 10^5$ , and R = 95% for  $N = 10^6$ .

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#### **Author contributions**

All authors contributed to the initial conception of the ideas, to the working out of details, and to the writing and editing of the manuscript.

# **Author information**

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# **Figure legends**

Figure 1 | Basic idea behind the proposed QKD scheme. a,b, Quantum signals flow through thick lines and classical ones through thin lines, in order indicated by Roman numerals. Eve tries to guess Alice's bit  $s_A = s_i \oplus s_j$  in both figures. In **a**, Bob conducts measurement M following random number generator RNG to guess  $s_A$ . In **b**, Bob conducts measurement M' prior to RNG, making it hard for anyone to guess  $s_A$ . Since the procedures to generate indices  $\{i, j\}$  in both figures are identical, every strategy by Eve in **a** should work equally well in **b**.

Figure 2 | Practical implementation of the proposed QKD scheme. Alice's laser emits a train of L pulses with interval T. She applies phase shift  $\{0, \pi\}$  on each pulse according to a random bit sequence  $s_1 \dots s_L$ . Bob splits the received train in two beams and superposes them after a random delay r'T ( $r' \in \{1, \dots, L-1\}$ ). Detection of a photon determines Bob's sifted key bit  $s_B$ , and he announces the indices  $\{i, j\}$  of corresponding pair of pulses. Alice adopts  $s_A = s_i \oplus s_j$  as her sifted key bit. The key rate is improved by applying random phase  $\delta$  on each

train (see the Methods section).

Figure 3 | Key rates vs channel transmission. a, The rates for  $e_{\text{bit}} = 0.03$ . (i)–(iii) The proposed protocol with L = 128, 32, 16. The rates are optimised over the choice of  $\nu_{\text{th}}$  and the mean photon number  $\mu$  of a weak coherent pulse (WCP) through the relation  $Q = L\eta\mu e^{-L\eta\mu}/2$  and  $e_{\text{src}} = 1 - \sum_{\nu=0}^{\nu_{\text{th}}} \mu^{-\nu}/\nu!$ . The optimised value of  $\mu$  is around 0.05 for (i) when  $\eta < 0.01$ . (iv)–(vi) BB84 protocols with double-pulse phase coding, using (iv) WCPs, (v) realistic single-photon source with the second-order correlation  $g^{(2)}(0) = 0.01$ , and (vi) WCPs with infinite decoy states. **b**, The rates for  $e_{\text{bit}} = 0.11$ .







Figure 2.



Figure 3.